

Frederic Community Education contact Ann Fawver 327-4868

Learn to Knit Socks

If you've always wanted to knit socks or learn to knit on four needles, this is the class for you! This easy pattern uses approximately 230 yards of worsted-weight yarn and size 6 double-pointed needles to make an adult size pair of socks. You will learn the anatomy of a sock, how to knit with four needles, how to turn a heel (this really is the fun part of sock knitting) and complete a pair of socks in no time.

Pre-registration is required.

Mondays, January 16-30, 6:00-8:00

Instructor: Konnie Didlo

Fee: \$28. /62+ \$16

Drama in the North Woods -

Tragedy, Classic and Contemporary, Stage and Film

We will be reading, discussing, informally performing, and if possible, seeing Shakespeare's Julius Caesar (at the Guthrie January 14-February 5 in the intimate "black box" Dowling Studio), and reading, discussing, and if possible seeing Tennessee Williams' classic, *Cat on a Hot time Roof* (at the Guthrie January 14-February 26). Movie versions of both plays, especially Elizabeth Taylor and Paul Newman in *Cat...*, 1953 and Jessica Lange and Tommy Lee Jones, 1984; *Julius Caesar*, 1953, with Marlon Brando and John Gielgud will also be a part of the class.

Mondays, January 16 -February 20, 6:30-8:30

Instructor: Dr. Carolyn Wedin

Fee \$10.00

New Year New You Challenge

We will: EXERCISE! Weight in, Chat briefly about different nutrition topics and sweat! Dress Appropriately. Bring Water and an after workout healthy snack. Pay out goes to the top 3.

Wednesday, January 4th (for 6 weeks) 6:30 to 7:45

Instructor: Christina Atkinson

Fee: \$35

Firearm's safety -conceal carry

Polk County Sheriff Patrolman Joe Vierkandt and his partner, Jared Cockroft, St. Croix Falls policeman, will conduct a conceal carry class, *at the Mudd Hut in Frederic*.

Saturday afternoon, January 7, 12:00—5:00pm

Fee: \$25.

Wayne Anderson- 715-327-5525, contact

Understanding Your Property Taxes

Do you have questions about your property tax? Would you like to learn more about property assessment and mill rates? Bring your questions and tax statement for an informal and educational evening with Mr. Bob Clifton, former, local assessor for the past 46 years, Bob is happy to share his knowledge with our community. Pre-registration is appreciated by Jan. 13

Monday, January 16, 6:30 - 8:00 pm

Instructor: Bob Clifton

Fee: It's free!

Winter Soups

We will make several soups and learn a simple technique to turn almost any vegetable into a tasty homemade soup. Material fee: \$7.

Tuesday, January 17, 5:30 – 8:00

Instructor: Betty Linden

Fee: \$12 /62+ \$8

Write Right Now!

A course for working on your particular writing project, with interested and supportive listeners/readers/writers. Whether you are creating short stories or a novel or a memoir or essays or a play or a piece for your local

newspaper, this is a place to come for inspiration and encouragement and hints for improving what you have written.

Tuesday, January 17, February 21, 4:00-6:00

and again on

Tuesdays, March 27 – May 3, 4:00-6:00

Instructor: Dr. Carolyn Wedin

Fee: \$37.56 /62+\$4

Computers for Seniors or Beginning Users

This is a course for the beginner computer user. We will learn computer terms, how to use different programs including word processing and email and the internet.

Mondays, January 23 – February 13, 6:00 – 8:00

Instructor: Lawrence French

Fee: \$26.37 /62+\$4

No Knead Bread and Pizza

Kneadless bread, pizza and bread sticks. Bring an ice cream pail and take home your first batch of kneadless bread dough. Learn how to use the dough to make pizza using a pizza stone and peel. Material fee: \$7.

Tuesday, January 24, 5:30 – 8:00

Instructor: Betty Linden

Fee: \$12 /62+ \$8

Ski!

Trails will be groomed and waiting. (ha ha, if there is snow) Here is a great opportunity to get expert tips on skiing. Ian Karl has been skiing since he could walk. He is a former HS state Nordic Ski Champion. He is a Central Cross Country Ski division certified coach and has taught Nordic ski lessons at Minocqua Winter Park. Ian will offer you tips on your skiing technique and waxing for touring and racing. This class will cover classic or skate technique depending on student interest.

Saturdays, January 28-February 11

1:00-3:00

Instructor: Ian Karl

Fee: \$28 /62+\$16

Computers: Quick Books -1st step

This class is designed for newer users of Quick Books to become efficient and gain knowledge to get started. Topics include: entering checks, entering receipts, and chart of accounts. Questions regarding the software will be answered. The instructor will work the skill level of the students enrolled. Students will practice setting up a company for hands on experience.

Thursdays, February 2 – 16, 6:00 – 8:00

Instructor: Lawrence French

Fee: \$31.00 /62+\$14.22

Needle Felting

Introduction to Needle Felting-

Learn how to make needle felted sculptures and "paintings" using wool roving and barbed needle tools. During the class you will make one flat object and one 3-dimensional object. Warning: You will get poked! \$35 materials fee, instructor will supply all necessary materials to complete two small projects and provide you with the basic tools to continue to needle felt at home.

Mondays February 6 – 13, 6:00 – 8:00

Instructor: Bridget Faricy

Fee: \$20 /62+\$12

Art for Youth

Students will enjoy creative art projects in a variety of mediums, such as watercolor and clay. Each week the students will get to build and create their own art to take home. Instructor, Hannah Fawver, earned a studio art degree from UW-Stout with a concentration in painting and ceramics. As a parent with a lifelong interest in art,

Fawver knows how to share the joy and technical aspects of numerous forms of art with youth. As an independent artist, she also runs a seasonal art gallery in Cornucopia and recently opened Three Sisters Studio in Luck with her sisters and mother.

Tuesdays, February 7 – February 28, 3:15 -5:15 (grades 1-3)

Thursdays, February 9 – March 1, 3:15-5:15 (grades 4-6)

Instructor: Hannah Fawver

Fee: \$36, plus a \$5 material fee

Wood carving open studio

Enjoy carving with friends and enthusiast. Share patterns and carving tips.

Thursdays beginning February 2, 6:00—8:00

Free

Love Good Food? Let's Cook!

Join us in creating an absolutely delicious and healthy meal inspired by using organic and bulk ingredients. We will warm up the chilly mid-winter evening with a warm kitchen, tips on how to use and store grains, how to spice up an ordinary side dish with spices and challenge ourselves with new recipes. If you are just a beginner in the kitchen or an experienced cook, we welcome you to enjoy a meal shared with friends. We'll equip you with the recipes and knowledge to wow your friends and family at home. Material fee: \$7.

Tuesday, February 14, 5:30-7:30

Instructors: Emily Karl &

Stephanie Lundeen Cafe Wren

Fee: \$12 /62+ \$8

Computers: Quick Books Intermediate

This class is designed for people that have been using QB and need more information or a continuation of the 1st class. Topics include: payroll, checking reconciliation, lists, inventory, working with balance sheet accounts and class tracking. Questions regarding the software will be answered. The instructor will work the skill level of the students enrolled. Students will set up a company for hands on experience

Thursdays, February 23 – March 8, 6:00 – 8:00

Instructor: Lawrence French

Fee: \$31.00 /62+\$14.22

Knitting Workshop

Learn to knit, refresh your knitting skills, or get help on a project that has you puzzled. Supplies will be available for your use along with project ideas to get you started.

Pre-registration is required

Mondays, February 27 – March 5, 6:00 – 8:00

Instructor: Konnie Didlo

Fee: \$20 /62+\$12

Let's Entertain -Beyond Crackers and Cheese!

Learn how to make entertaining guests, stress-free. Your instructors will pass along their tips for easy to prepare appetizers coupled with beautiful presentation. We will make an assortment of appetizers that compliment one another. And, we'll learn the basics of food art. We'll end the evening with lively music, a table full of beautiful appetizers and beverage. All experience levels welcome. Material fee: \$7.

Tuesdays, February 28, 5:30 - 7:30

Instructors: Emily Karl &

Stephanie Lundeen of Cafe Wren

Fee: \$12 /62+ \$8

Prairie Fire Children's Theatre Jack and the Beanstalk

Auditions: Monday, March 12, 3:30-6pm.

Rehearsals are after school each day March 12-16

Performances: March 16 & 17 at 7:30

Fire in the Belly Series: Discover Your Inner Strength

“Fire in the Belly Series: Discover Your Inner Strength”. Discover your inner strength and increase self-understanding of why we work well with certain personalities and we struggle with others. Take these tools with you wherever you go. This series is a non-traditional approach to self-growth. Anyone would benefit.

True Colors Personality Training-What color are you?

An “ah ha” experience. Enhance communications and self-awareness. This is the first class of the four part “Fire in the Belly Series

Monday, March 5

Celebrate Possibilities-Success through goal setting.

This is a non-traditional approach to realizing goals.

Monday, March 19

Taking Positive Action-Focus on the positive strengths and abilities to make things work. Use True Color to achieve results.

Monday, March 26

The Story of My Life— What does your story look like? Use the tools from the first 3 sessions to create a scenario in your life that is exciting and empowering.

Monday, April 2

3:30-5:30 for students

6:00-8:00 for adults

Instructor: Maltee McMahon

Adults- Fee for individual classes \$19. /62+\$13.41 or Fee for all 4 classes is \$49. /62+ \$26.63

Drama in the North Woods

We will be doing James Baldwin’s play, The Amen Corner (at the Guthrie May 5-June 17); The Birds, by Conor McPherson (Guthrie, February 25-April 8, 2012), together with the short story by Daphne du Maurier and the Alfred Hitchcock film; and Hay Fever by Noel Coward (Guthrie March 10-April 22).

Mondays, March 26 – April 30, 6:30-8:30

Instructor: Dr. Carolyn Wedin

Fee \$10.00

Learn about your Woodland

What will you do with your woodland? Some landowners choose to “let nature take its course,” believing that nature, left to its own processes, will be a better manager than they ever could be. While this may be true in some situations, many of the natural processes that formed today’s woodlands have been impaired by human activity. Wildfires that once renewed certain types of woodland have been curtailed. Non-native insects and diseases have decimated populations of some tree species. Introduced plants and animals have replaced native species. Residential, commercial, and industrial development, along with its transportation system, has fragmented woodlands into smaller, more isolated pieces. Wildlife populations are substantially different from a century ago. Centuries of human influence and disruption of natural processes have impaired forest ecosystems. Doing nothing is not the same thing as “allowing nature to take its course.” The alternative is to become a woodland steward by actively managing for wood, wildlife, or recreation while protecting the quality of your natural resources (soil, water, wildlife, trees, and other plants) for future generations to enjoy. This series of programs will help guide you to understanding your property and in making good decisions about its care. Topics will include:

~Identify Your Goals

~Inventory and Evaluate Your Property including your diverse wildlife present

~Develop Stand Objectives and Management Alternatives

~Assess Management Constraints

~Choose Management Practices and List Them on a Schedule

~Keep Good Records

~Ownership succession

Neal W. Chapman, Master Woodland Steward. As one of nine Woodland Advocates in Wisconsin, Neal W. Chapman has acquired a substantial "tool kit" through his participation in many ongoing educational activities, including the Master Woodland Steward Program, the Coverts (wildlife) Program, the Woodland Advocate Program, and the Woodland Leadership Institute, plus workshops by the Leopold Foundation, Tree Farm Committee, and WI Woodland Owners Association and MN Forestry Association,

Mondays, April 2nd and 16th, 6:00

Fee: \$25 for the text book and other handouts

Gnocchi

Learn to make gnocchi (Italian potato dumplings) and three sauces to serve them with. Sample gnocchi and take a batch home with you. Please bring a container and \$7 Material fee payable to instructor.

Tuesday, April 24, 5:30 – 8:00

Instructor: Betty Linden

Fee: \$12 /62+ \$8

Fly Fishing for Trout and Salmon

This class will emphasize the biology of various species of trout and salmon, as well as their habits. It will include a discussion of tackle, flies, and fishing water. Dr. Huver is the former Curator of Fishes at the U of MN and has worked in fisheries research for the US Fish & Wildlife Service.

Thursdays, April 26 – May 3, 6:00-8:00

Instructor: Dr. Charles Huver

Fee: \$20 /62+16

Yoga on-going – for Beginners and Begin-againers

Treat yourself to everlasting mobility and learn to manage those aches and pains, and actually feel them dissolve away. You can come for the first time, or you can be experienced. Learn how to breathe and perform asanas (poses) to restore, relieve, and improve your life. There are poses to relieve lower back aches, headaches, nausea, stress, sore knees, insomnia as well as asanas to improve your endurance, balance and core strength. Bring a mat and a blanket.

Ongoing class meets Tuesdays

10:00 am -elementary school 6:00 pm –high school

Instructor: Sandy King

Fee: \$28 /62+\$16

Kickboxing.

You will be encouraged to push yourself as this class gets increasingly harder. Exercises will be modified for beginners or special needs.

Tuesday from 6-7:30 The class is an hour and you can come at 6 or 6:30 to get your hour in

Fees: 6 sessions for \$25 12 sessions for \$40.

Weight Watchers and Zumba

contact Amy Tinman: 715-566-2478

Clogging on Mondays

contact Sheryl Keller: Sherclog@yahoo.com or

651-500-3214

Open Weight Room

For public use at the High School Weight room:

M,W,F 7:00-8:00 am and 3:30-5:45 pm

M, TH 6:30-8:00 pm

Winter Walking

Birch Street Elementary School.

Mon—Fri, 7-8am & 4-6pm. No Fee. Sign in/out

HAPPENINGS AROUND THE AREA:

Free Home Painting for 100 Families

During the summer of 2012, up to 100 homes will be painted for free through Habitat's "A Brush With Kindness" program. If you own your home and it needs paint but you can't afford it, you are probably eligible. Call the Habitat office at 715-483-2700 for a simple over-the-phone application. Deadline is January 31. Don't miss this opportunity! How does it work? Habitat will host a TeenServe camp next summer; it's a one-week mission trip for young people who want to help those in need. Trips involve 200-400 teens with adult leaders, coming from all over the country, who will paint or perform minor home repairs for families who need help. Valspar Paint, who has donated over 1 million gallons of paint to Habitat for Humanity, will supply the paint. Donations are also needed for materials for repairs; and local volunteers to help organize this project are also welcome. Call Habitat at 715-483-2700 for more info.

DNR Snowmobile Safety Certification

Please obtain a WI DNR Customer ID Number prior to class by calling the WI DNR Customer Service at 1-888-936-7463

Anyone is eligible to take the class and receive a safety education completion certificate. For children under 12 years of age, the certificate does not become valid until the child reaches 12 years of age. Who may operate a snowmobile? -- Any person who is born on or after January 1, 1985 and who has reached the age of 12, must have completed and received a snowmobile safety certificate in order to operate a snowmobile in Wisconsin.

Snowmobiling provides great opportunities for family recreation during the winter months in Wisconsin. Many people will be operating a snowmobile for the first time and along with that, new skills must be learned and new attitudes developed. The purpose of snowmobile safety training is to expose new users to basic snowmobile safety, responsibilities, ethics, laws and mechanical functions.

Snowmobile - Luck

Call Luck Community Education to register: 715-472-2152, ext 103

WHO: Age 11-adult

WHEN: Mon/Thurs Jan 5-12, 2012

TIME: 6:30pm

LOCATION: Luck School, 810 S. 7th St, Luck, WI

INSTRUCTOR: Donald Langel

FEE: \$10 Please Pre-register and pay class fee in advance. Parent or legal guardian required to sign DNR registration form the first night of class.

Snowmobile - Unity

Call Unity Community Education to register: 715-825-2101, ext 1560

WHO: Age 11-adult

WHEN: Tuesday Jan 17, Thursday Jan 19, Saturday Jan 21, 2012

TIME: Tue/Thurs-6:30-8:30pm, Sat-9:30-noon

LOCATION: Unity School, 1908 - 150th St., Balsam Lake

INSTRUCTOR: Tamara Larson

FEE: \$10 Please Pre-register and pay class fee in advance. Parent or legal guardian required to sign DNR registration form the first night of class.

The Family Resource Center St. Croix Valley offers parent education services to any families with children from birth to age six in western Wisconsin's Pierce, St. Croix, and Polk Counties. Programs include hospital and home visits, screenings, play and learn groups, "Baby and Me" classes, parent education, resource networks, and a teen parent program. All of the programs are free and available to any family. Call 715.684.4440 or visit www.frscv.org for more information.

The St. Croix Regional Medical Center offers classes and support groups. To register for a class, please call 715-483-0431 or 800-642-1336 x2431 or email Sarah Shaw at: sarah.shaw@scrmc.org www.scrmc.org/communityEd.html

Because You Eat...!

Bringing Good Groceries to All of God's People

Ruby's Pantry Food Distribution

Luck, WI - Hosted by *Bone Lake Lutheran Church*

(School Bus Garage))

3rd Tuesday of the even months

Doors open at 11:30 AM and distribution starts at 12:00 P.M. and ends approximately at 1:00 P.M.

\$15 Donation

Big Trips, Little Trips

Your local Community Ed teams are teaming up to bring you the opportunity to see some great shows and travel to some fun places without the hassle of driving, parking, getting directions, etc. Get in on some of this fun!

January: Everybody Loves Opal - Old Log Theatre

Date: Thursday January 19th, 2012

Time: Leave Grantsburg @ 9:30am, return 5:00 pm

Cost: \$58, payable to Grantsburg Com Ed. Includes travel, dinner and show.

Registration deadline: January 10th - Call Grantsburg Community Education at 715-463-5165 ext. 160.

Menu choice: baked walleye, lemon chicken, veggie lasagna, pork chop or beef stroganoff (give menu choice when making reservation)

This classic comedy is about the infectiously cheerful Opal Kronkie and a trio of down and out con art-ists. Opal, a middle aged recluse, lives in a tumble-down mansion at the edge of the municipal dump. The general disarray of her establishment is aggravated by the fact that Opal collects things--anything that can be toted home in her little red wagon. Into her rather strange world come Gloria, Bradford, and Solomon, three purveyors of bogus per-fume on the lam from the authorities. The crooks decide that what Opal needs is plenty of insurance, a rapid demise, and three beneficiaries (themselves). The unsavory trio concoct several elaborate schemes to "do in" Opal, but each one back-fires. Through it all, Opal radiates kindness, affection, and an abiding faith in the goodness of human nature.

January: The Lion King @ the Orpheum Theatre in Minneapolis

Date: Sunday, January 29, 2012

Time: Showtime 6:30 pm, Leave Amery High School 4:45 pm, return approximately 11:15 pm. (Show is 2 hours 45 minutes with 1 intermission)

Cost: Balcony seating - rows A-F - \$87, payable to Amery Community Ed. Includes motorcoach transportation and group discount. We will not be stopping to eat, so plan to bring snacks/bag lunch to eat on the bus before and/or after the show.

Registraion: Call Amery Community Ed - 715.268.9771 x220

Visually stunning, technically astounding and with a musical score like none other you've ever heard. Giraffes strut, birds swoop, gazelles leap. The entire savannah comes to life and as the music soars, Pride Rock slowly emerges from the mist. See the Tony Award®-winning Broadway sensation that Newsweek calls "a landmark event in entertainment." The New York Times says, "There is simply nothing else like it." Marvel at the breathtaking spectacle of animals brought to life by a cast of more than 40 actors. Wonder at the inspiration of award-winning director Julie Taymor, who created visual images for this show that you'll remember forever. Thrill to the pulsating rhythms of the

African Pridelands and an unforgettable score including Elton John and Tim Rice's Oscar®-winning song "Can You Feel The Love Tonight" and "Circle of Life."

February - Quilt Shop Hop

Date: Saturday February 25th, 2012

Time: Leave Grantsburg 8:00 am return approx 6:00 pm. May board the bus at Pins & Needles in St. Croix Falls, also.

Cost: \$35.00/\$30.00 (two or more), payable to Grantsburg Community Ed. Includes travel and breakfast.

Registration deadline: February 15th, call Grantsburg Community Education at 715-463-5165 ext. 160.

Check out the new spring fabrics at several quilt shops! We will travel by coach to Pins & Needles in St. Croix Falls, where we will be treated to Breakfast, Charlotte's Web in Stillwater, Lunch on own in Stillwater, travel on to Quilters Cove in Eagen, and then finish at Quilters Haven in Rosemont, Mn. All four shops have thousands of bolts of quality quilt fabrics, supplies, books and patterns. Talk to your friends and go on this fun Quilt Shop Hop...you will have a great time and save on gas money too!

March: Minneapolis Home and Garden Show

Date: Saturday, March 3, 2012

Time: Leave Unity School 7:30am, return 7:00pm

Cost: \$35 per person, payable to Unity Community Ed. Includes travel on a comfy motorcoach bus and entry into the Home and Garden Show. Food and Beverage Vouchers are available for an additional \$8, and must be ordered and paid for by Feb 1. Voucher includes 2 hot dogs and 2 beverages.

Registration deadline: February 23, please call Unity Community Ed at 715-825-2101, ext 1560

The Minneapolis Home and Garden Show is just the breath of fresh air we need in the dregs of winter! Explore the glorious feature gardens, stroll down Innovation Avenue, visit the Green Store, sample tasty treats on Third Avenue, Shop at the Garden Market and the Marketplace, and be inspired at the Garden Theater. Relax during the trip to and from Minneapolis, what a great way to spend a Saturday! Only 35 spots available, call to reserve yours soon!

March: Mall of America— Our Ladies day out shopping extravaganza!

Date: Wednesday, March 28th, 2012 .

Time: Leave Grantsburg at 8:00 am and return about 6:00 pm.

Cost: Cost: \$25/person or \$20(for two or more), payable to Grantsburg Com Ed, includes travel on deluxe motorcoach bus.

Registration Deadline: March 20th, call Grantsburg Community Education at 715-463-5165 ext. 160.

This is always a very fun and special trip, Lots of great places to eat at a variety of prices, and some great things to see and do at Underwater World. Join us for this fun day. We will ride a coach bus and the day is yours. Special coupon offers will be passed out on the bus to those who join us on this trip!

April: Nifty, Thrifty Shopping Trip

Date: Thursday, April 26th, 2012

Time: Leave Grantsburg 8:00 am return approx 6:00 pm.

Cost: \$25.00, payable to Grantsburg Community Ed. Includes travel on deluxe motor-coach bus.

Registration deadline: April 20th, call Grantsburg Community Education at 715-463-5165 ext. 160.

Enjoy your ride on a deluxe motor-coach as we travel to the cities to shop at several large thrift stores. We will spend a generous hour and a quarter at each store so you won't have to hurry through. There is plenty of on-board storage for your purchases and we will stop at a buffet restaurant for lunch on your own. Then...on the way home you can visit with friends or take a nap as you "leave the driving to us!" Don't miss this chance to search out some hidden treasures!

Mark Twain's "Mississippi", performed aboard the Minnesota Centennial Showboat.

Date: Wednesday, May 9th, 2012

Time: We will leave Grantsburg at 9:45 am.

Cost: \$65, includes a buffet lunch, show, and comfy motor-coach transportation.

Registration deadline: April 25th, call Grantsburg Community Education at 715-463-5165 ext. 160.

A new musical based on Mark Twain's classic "Life on the Mississippi".

This joyous story follows the life of young Samuel Clemmens as he leaves home learning steamboat piloting in 1858 and goes from the boy Samuel to the man Mark Twain. This is a stirring tale fit for the entire family.

Also being planned - St. Paul Gangster Tour (Spring), Madison Quilt Show overnight trip (Fall), St. Paul Haunted Caves tour (Fall). Is there someplace you'd like to go? Call your local Community Ed and let us know!!

Check out these Community Education Departments for additional classes and events:

Frederic School District ~ www.frederic.k12.wi.us ~ Ann Fawver, director

Unity School District ~ www.unity.k12.wi.us ~ Tanna Worrell, director

Grantsburg School District ~ www.gk12.net ~ Cindi Throngard, director

Luck School District ~ www.lucksd.k12.wi.us ~ Amy Aguado, director

Amery School District ~ www.amerysd.k12.wi.us ~ Tracy Hendrickson, director

St. Croix Falls School District ~ www.scf.k12.wi.us ~ Kelly Anderson, director

Osceola School District ~ www.osceola.k12.wi.us ~ Dani Pratt, director